

The Eye Clinic



Even with failing
eyesight I could see
Edinburgh was the
right choice for my
treatment.



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Our aim is to offer excellence in the management of patients with eye and vision concerns.



Welcome to Edinburgh

We've produced this brochure to give you a real feel for the services we can provide to patients with eye and vision concerns. Perhaps you know us already but for those of you who might be considering referring a patient to us for the very first time let us tell you a little about ourselves.

The Edinburgh Clinic day case hospital is a private diagnostic and day surgery facility founded in 2008. We set up home at number 40 Colinton Road to provide the local community and beyond with fast access to all kinds of independent healthcare. Including of course a wide range of eye care.

This means access to top Consultant Surgeons and no waiting lists. All in an environment that wins praise from patients for the welcome and the homely atmosphere.

Read on for an 'at a glance' guide to our impressive facilities, to learn more about our comprehensive range of services and see a list of guide prices. We've also included a 'meet the team' section.

We're sure it will help professionals like you to see why you can confidently refer patients to professionals like us.



How can we help?

Eye clinic **facilities** at a glance

Operating theatre suite

Optical coherence tomography (OCT)

Optical and ultrasound biometry

Pachymetry

Visual field analysis

YAG and SLT laser service

MRI and CT scanning

Eye clinic **services** at a glance

Cataract and refractive surgery

Premium intraocular lenses

Glaucoma package

Diabetic screening service

Cornea/Keratoconus/cross-linking

AMD/Medical retina

VR

Oculoplastic surgery

Meet the team

Let us introduce you to the eleven senior surgeons who make up our roster of eye care professionals. To help you make an informed choice when it comes to referrals you can see at a glance their areas of expertise, both individually and as a team.

Dr. Pankaj Kumar Agarwal

BMed Sci (Hons) BM, BS FRCPS(Glasg) FRCS(Ed) FRCOphth



- Small incision cataract surgery – phacoemulsification including difficult cases
- Glaucoma diagnosis and management
- Glaucoma lasers
- Glaucoma surgery including trabeculectomy and tube surgery

Dr. Ashish Agrawal

MS (Ophthal), FRCOphth



- Corneal specialist
- Cataract surgery (monofocal and toric lenses)
- Glaucoma
- Dry eye conditions

Dr. Harry Bennett

MB ChB, MRCP(UK), FRCOphth



- Cataract surgery
- Retinal disease
- Vitreoretinal surgery
- Diabetic eye disease
- Complex and high risk cataract surgery

Dr. Peter Cackett

MB BS BSc FRCOphth



- General Ophthalmology
- Cataract surgery
- Diagnosis and management of medical retina conditions
- Age related macular degeneration
- Retinal vein occlusions
- Diabetic retinopathy

Dr Meghomala Das

MBBS,DO,MRCS(Ed), FRCS(Glasg)



- Diabetic Eye Disease and Lasers
- Macular Degeneration
- Retinal Vascular disorders

Professor Bal Dhillon

BMed Sci (Hons) BM, BS FRCPS(Glasg) FRCS(Ed) FRCOphth



- Phacoemulsification – cataract surgery
- Macular degeneration
- Retinal diseases

Dr. Alan Mulvihill

BMed Sci (Hons) BM, BS FRCPS(Glasg) FRCS(Ed) FRCOphth



- Paediatric ophthalmology
- Adult squint
- Double vision
- Strabismus surgery

Mr. Jonathon Ross

MBChB MRCS(Ed), FRCOphthD



- Laser eye surgery
- Refractive cataract surgery
- Standard cataract surgery
- Multifocal lens implants
- Eyelid surgery
- Cosmetic eyelid surgery

Dr. Jas Singh

Bsc Hons St And MSc St And, MBChB Glasg, FRCS ED, FRCOphth



- Vitreo-retinal disease
- Cataract surgery and lens implantation
- Complex cataract surgery
- Recognised vitreo-retinal surgeon
- Retinal detachment, diabetic vitreous haemorrhage and Macular disorders such as macular hole and epiretinal membranes
- Post-operative complications
- Lid cysts and lesions
- Diabetic retinopathy (both surgically and with retinal laser)

Dr. Andrew J. Tatham

MBChB, FRCOphth, FRCS(Ed), FEBO



- Sutureless small-incision cataract surgery (monofocal, toric and multifocal lenses)
- Minimally invasive glaucoma surgery (iStent, Xen)
- Medical and surgical treatment of glaucoma (glaucoma drainage devices, trabeculectomy)
- Complex cataract surgery in glaucoma and coexisting eye diseases
- Glaucoma laser treatment (SLT)
- 24 hour glaucoma monitoring

Mr. Naing Latt Tint

BSc, MBChB, FRCOphth, PhD



- Sutureless small-incision cataract surgery (monofocal, toric and multifocal lenses)
- Presbyopia surgery
- Refractive lens exchange
- Vision enhancement following NHS cataract surgery.
- Laser and surgical refractive vision correction
- Implantable contact lens (Visian Staar ICL)
- Corneal transplantation (PK, DALK, DSAEK and DMEK)
- Keratoconus and corneal collagen cross-linking
- Complex corneal diseases



Guide Prices*

Initial consultation	from	£160
Follow-up consultation	from	£80
Visual field	from	£50
Optical coherence tomography (OCT)	from	£75
Blepharoplasty upper or lower eye	from	£2,595
Blepharoplasty both upper and lower eye	from	£3,595
Cataract surgery (cost per eye for non-complex cases performed under local anaesthetic)	from	£2,695
Correction of eyelid (entropion/ectropion)	from	£1,600
Intravitreal injection of agent for macular degeneration (Avastin)	from	£900
Refractive surgery/multifocal lens implants (cost per eye)	from	£3,595
Removal of lesion from eye area	from	£750
Syringing of naso-lacrimal system	from	£650
Glaucoma annual care package (following initial consultation)	from	£375
Surgical trabeculectomy or other penetrating glaucoma procedures	from	£2,675
Laser iridotomy	from	£950
Laser iridotomy – bilateral	from	£1,150
Selective laser trabeculoplasty (SLT)	from	£995
YAG laser capsulotomy	from	£575
YAG laser capsulotomy – bilateral	from	£750

All cataract/refractive pre-assessment diagnostics are included in the consultation fee.

*Subject to change. Correct at 01/10/2018.



Glaucoma Treatments

iStent

Glaucoma is the most common cause of irreversible blindness. Minimally invasive glaucoma surgery (MIGS) offers the opportunity to lower intraocular pressure, preserve vision and reduce the need for eye drops.

This safe procedure, which is often performed at the same time as cataract surgery, involves inserting a small titanium tube into the drainage channel of the eye. It offers the chance to lower intraocular pressure and reduces the need for glaucoma eye drops.

A UK study found iStent resulted in a 30% reduction in intraocular pressure with two-thirds of patients able to stop their eye drops completely.



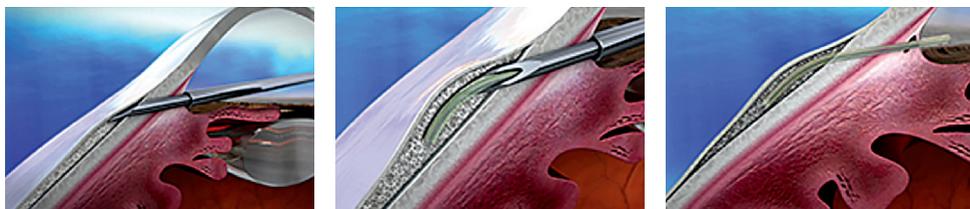
Select Laser Trabeculoplasty (SLT)

Treatment of glaucoma has traditionally been through the use of long term eye drops but with the advent of Selective Laser Trabeculoplasty patients can undergo a non-surgical treatment that may reduce or remove the requirement for life long drops.

Xen Gel Stent

The most common means of treatment of glaucoma have been eye drops and laser surgery in the initial stages with many thousands requiring a trabeculectomy.

We are pleased to introduce glaucoma's first ever keyhole surgical method, a simple yet innovative injection called the Xen Gel Stent, which is available at The Edinburgh Clinic. A tiny pliable drainage tube is injected into the eye, which allows the excess fluid to drain thereby relieving pressure and potential damage to the optic nerve.



The benefits of this new procedure are:

- Quicker and safer method with no requirement for stitches (hypodermic needle used to inject the tube into the eye).
- Injected easily and less invasive than traditional Trabeculectomy.
- 6mm long and the width of human hair.
- Faster recovery time – the eye is completely recovered within a few weeks.
- Surgery takes minutes.

Triggerfish

The Triggerfish contact lens is a new wearable technology that helps experts diagnose the cause of glaucoma earlier, potentially leading to better treatments and saving the sight of patients. The soft silicone lens contains a gold microprocessor, which is an electronic circuit that monitors fluctuations in pressure within the eye. The Triggerfish contact lens monitors changes in the eye over an entire 24-hour period.



Premium Lens

At The Edinburgh Clinic, a premium lens option is available, which offers patients excellent vision at all distances, under all lighting conditions, day and night, and can result in clear vision without the dependency for spectacles.

This procedure uses the same highly advanced technique practiced during routine cataract surgery whereby the eye's natural lens is replaced with an artificial clinical lens with a specific power or prescription to help resolve common focusing or 'refractive' conditions.

The Edinburgh Clinic offers several different types of premium lens implants offering a tailor-made solution to suit individual needs.

Benefits:

- 9 out of 10 patients enjoy decreased spectacle dependence following lens exchange
- A multifocal, premium lens improves vision at all distances in all light conditions – day and night
- Improved vision for people following cataract and age-related refractive conditions (presbyopia)

Advanced technology lens implants offer cataract patients customised bespoke options for results beyond 20/20 vision.

Cost per eye:

Monofocal Lens	£2695
Monofocal Toric Lens	£3295
Multifocal/Tri Focal (inc. Toric) Lens	£3595



A picture of good health

Refractive Outcome Post Cataract Surgery Audit

As required by The Royal College of Ophthalmologists, this audit is to ensure the accuracy of the Ophthalmic Surgeon and Biometrist for cataract patients. This audit is routinely carried out within the NHS and we have now extended this to cover our private practice.

The aims of this audit are to:

- Compare ourselves against the benchmark standards as set by The Royal College of Ophthalmologists (TRCO)
- Identify any consistent error and adjust to further improve future outcomes

Results

Benchmark standards RCOph 2010. *“With the routine use of optical biometry when possible, modern IOL calculation formulae and optimization of A constants, busy NHS departments with a variety of Surgeons and Biometry Technicians should be able to achieve a refractive outcome within +/- 1D of the target in 85% of cases”.*

1,282 cases with optical biometry performed at The Edinburgh Clinic (TEC)

- 95% within 1D of target (total)
- 97% within 1D of target (excluding pre-existing co-pathology)

Post Op Visual Outcomes.

Cataract National Dataset Electronic Multi-Centre Audit (Jaycock 2009)

	UK CND EPR AUDIT 55,567	TEC 772
Post Op BCVA (total)	91% 6/12 or better	95% 6/12 or better
With ocular co-morbidities	80% 6/12 or better	87% 6/12 or better
Without ocular co-morbidities	95% 6/12 or better	97% 6/12 or better
With ocular co-morbidities	33% 6/6 or better	34% 6/6 or better
Without ocular co-morbidities	51% 6/6 or better	54% 6/6 or better



Referral Information

We welcome referrals by phone, fax, electronically and by post to The Edinburgh Clinic. Patients can choose to self-pay for our private services, for which we ensure our costs are particularly competitive, or use private medical insurance.

Private referrals

You can refer a patient to The Edinburgh Clinic for an outpatient consultation, diagnostic test or treatment by writing a referral letter to The Edinburgh Clinic or a named consultant. Referral letters can be sent via SCI Gateway: Search by "The Edinburgh Clinic" or fax free of charge to 0131 446 2560. Outpatient appointments can be made by telephone on 0131 477 2340 (option 1). We also have an Optometrist referral form which we can e-mail or post to you.

Patient referrals

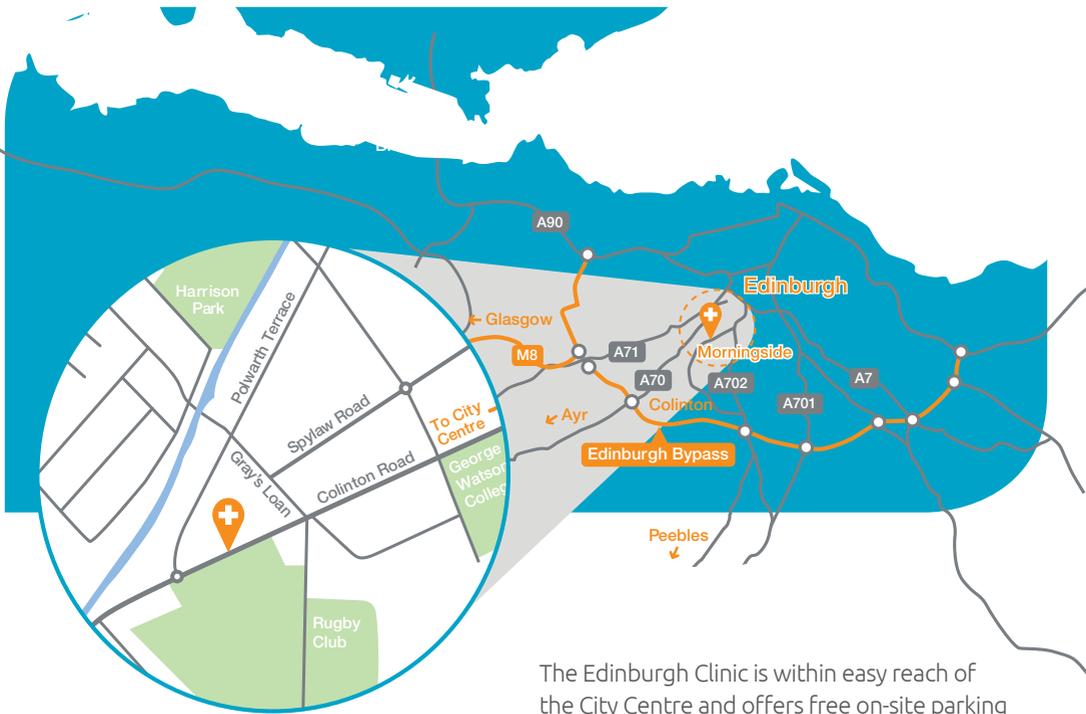
We welcome insured patients and those who choose to self-pay for their private treatment. Insured patients will first need to obtain a referral from their optometrist, or other appropriate health professional. For patients choosing to self-fund their treatment they are not required to obtain a referral but we would always recommend seeing their doctor or optician first.

Insurance

Patients can access ophthalmic services at The Edinburgh Clinic through their insurers. We work in partnership with a variety of healthcare insurance providers. The Edinburgh Clinic is part of the Cataract Network with Bupa and AXA (biometry is included with Bupa insurance). At The Edinburgh Clinic private healthcare insurance also covers intravitreal injections (AMD), glaucoma surgery, oculoplasty and YAG/SLT laser treatment.

Finance Options

Through our partner Chrysalis Finance we offer approved patients a range of funding options (subject to status) to pay for one-off private treatments. Patients have the additional option to spread the cost of their treatment using our interest free and low APR finance options. This can easily be arranged in advance.



The Edinburgh Clinic is within easy reach of the City Centre and offers free on-site parking for ease of access and on-street metered parking nearby.

From Edinburgh Airport we are roughly twenty minutes by car or taxi. Waverley and Haymarket train stations are a short taxi ride from the Clinic.

Lothian Buses serve the area well via Edinburgh City Centre and surrounding areas. Visit lothianbuses.com for details.

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Opening hours

For clinic and consultations
Mon to Fri 8am to 8pm
Sat 8am–1pm

For surgical procedures
Mon to Sat from 7am

